CRAPEM works in support or in collaboration with



Help Resource Center Psychological at sea

Castle of Heinlex 57 Michel Ange street 44600 Saint-Nazaire

Secretariat and Permanence Monday to Friday 9am-5pm: (+33) 2 40 90 75 01 crapem@ch-saintnazaire.fr

24/24 emergency line: Iswan : Hotline multilingual : +443000124279 CRAPEM: (+33) 6 11 21 40 30 or via the CCMM: (+33) 5 34 39 33 33



Centre Ressource Psychotraumatisme des gens de mer

CRAPEM

Centre Ressource d'Aide Psychologique En Mer et aux Marins



MEDICINE AND MENTAL HEALTH DIVISION

Head of division: Dr Bruno FERRY Head of the structure: Mrs. Camille JEGO Senior Health Officer: Mrs. Stéphanie NEVEU Health Framework: Mr. Florent LEIRENS

www.hopital-saintnazaire.fr

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- Maritime stakeholders:
- ENIM: National Establishment of Invalids of the Navy
- The CCMM: Maritime Medical Consultation Center
- SSM: Maritime Social Services
- The SSGM: Seafarers' health Service
- MMSS: Maritime Medical Coordination SAMU

Mental Health actors:

- Resource centers in psychotraumatology
- The CN2R National Resource and Resilience Center
- The medical-psychological centers of the sectors
- CUMP: medical-psychological emergency cells



- The psychological help resource at sea, CRAPEM in french (Centre Ressource d'Aide Psychologique En Mer), part of the public service, allows access to care for all seafarers in psychological suffering and sedentary people in the maritime environment
- It is open to anyone with a punctual or regular need to meet professionals around their psychological or relational difficulties.
- \ddagger The entourage of a suffering person can also find information, advice, support or care.
- Consultations can be carried out face-toface or by telephone.



- Assessment and care of seafarers, their entourage and sedentary personnel in the maritime environment.
- Coordination of psychological rescue care, demergering, debriefing of sailors and maritime rescue actors during sea events.
- Training and information on psychological suffering adapted to the specificities of the maritime environment (e.g. identification of suicidal, traumatic, exhaustion crisis, etc.)
- Training of medical-psychological emergency actors on the specificities of the on-board clinic.
- Å Accompaniment, advice, orientation of the various partner actors.

CRAPEM is composed of a multiprofessional team

- J Secretary
- Nurse specialized in suicide prevention and bereavement support
- Å Nurses specialized in psychotraumatology
- ↓ Referring psychiatrist
- Psychologist specialized in psychotraumatology
- $m \mathring{U}$ Health Framework